

Class Schedule - effective Feb 2012

monday	
5:00 -	5:30 Cubs
5:45 -	6:30 Jr: White - Yellow
6:45 -	7:40 Adult: All Ranks

tuesday	
4:15 -	5:00 Jr: L1 Green - L3 Blue
5:10 -	5:55 Jr: L1 Brown - Black
6:00 -	6:50 Grappling
7:00 -	7:50 Adult: All Ranks

wednesday (Focus Day)	
4:15 -	4:45 Cubs
5:00 -	5:30 Jr: White - Yellow
5:40 -	6:10 Jr: L1 Green - L3 Blue
6:20 -	6:50 Jr: L1 Brown - Jr Black
7:00 -	7:50 Adult: L1 Green - Blk

thursday	
4:15 -	5:00 Jr: L1 Brown - Black
5:10 -	5:55 Jr: L1 Green - L3 Blue
6:10 -	6:55 Jr: White - Yellow
7:00 -	7:50 Adult: All Ranks
7:50 -	8:40 Grappling

friday	
4:15 -	5:00 Jr: White - Yellow
5:10 -	5:55 Jr: L1 Green - L3 Blue
6:10 -	6:55 Jr: L1 Brown - Blk
7:00 -	7:50 Adult: All Ranks

saturday	
9:00 -	9:30 Cubs
9:45 -	10:30 Jr: White - Yellow
10:40 -	11:30 Adult: All Ranks
11:45 -	12:15 Jr: L1 Brown - Black
12:30 -	1:00 Jr: L1 Green - L3 Blue

Certified Instructors:

Scott Rodgers, Chief Instructor, 6th Degree Master Black Belt
Suzi Rodgers, Center Director, 5th Degree Black Belt
Taylor Francis, Kendra Rennell, Robert Rennell, Cherie Denholm,
Eric Krichbaum, A. Coghlan

Recommended Class Attendance: 2-3x Weekly

Class	Ages	Class Length
Cubs	4-6	30 minutes
Juniors	6 - 13	45 minutes
Adults	14 - Older	50 minutes

2012 Testing Schedule
Feb 3, Apr 14, Jun 9, Aug 11, Oct 6, Dec 8

2012 Tournament Schedule
<u>National</u>
Jul 13/14 - Birmingham, AL
<u>Local/State</u>
Mar 10 - Nashville, TN Sept 15 or 22nd - Nashville, TN

ITA Tenets
Honor, Courtesy, Integrity, Perseverance
Self-control, Courage, Community
Strength, Humility, Knowledge

Minimum classes to test	
Cubs - White	8
Yello - Blue	10
Brown - L1 Red	12
Black	14

Fight Night - Adults
Jan 13, Feb 17 Mar 30, May 4, May 18, Jun 29 Jul 27, Aug 31, Sep 21, Oct 26, Nov 30, Dec 21

ONE ON ONE PRIVATE LESSONS are scheduled with your instructor.
CLASS TIMES ARE SUBJECT TO CHANGE

Specific announcements can be found at www.rodgerstkd.com/Scheduled_events.htm